THE LMC LEARNING PROCESS
THE ADULT STUDENT'S PLAYING LEVEL

	SHOTS AFTER BOUNCE	SERVE	AT THE NET
1.0	This player is starting to play tennis.		
¾ COURT			
1.5	Is able to rally, but consistency is limited due to a lack of control: fewer than 6 consecutive shots in rallies	Is able to hit 6/10 arced balls.	Is able to execute 2-3 consecutive volleys from balls coming from ¾ court in a pre-match warm-up.
FROM THE BACKCOURT			
2.0	Is able to rally, but consistency is limited due to a lack of control: fewer than 6 consecutive shots in rallies	Is able to hit 6/10 arced balls.	Is able to execute 2-3 consecutive volleys from balls coming from the backcourt in a pre match warm-up.
2.5	Is able to rally between 6 and 8 consecutive shots on easy balls	Is able to hit 8/10 arced balls.	Is able to execute 3-4 consecutive volleys from ball coming from the backcourt in a pre-match warm-up. Is able to hit smashes when receiving easy lobs.
3.0	Is able to rally between 8 and 10 consecutive shots. Is able to handle more difficult balls (deep, short, wide left, wide right, etc.).	Is able to hit 8/10 shots with balls having a more direct trajectory, is able to vary the direction.	Is able to execute 4-5 consecutive volleys from ball coming from the backcourt in a pre-match warm-up. Is able to hit smashes off more challenging lobs
3.5	Is able to rally 8 to 10 shoot even on more difficult ball (long, short, far left, far right…). Is able to move the oppenent around the court . Makes the right tactical choices	1st serve is more powerful than the 2nd serve, average 6/10 on the 1st serve, 8/10 on the 2nd serve	Is able to execute 5-6 consecutive volleys in a pre-match warm-up. Is able to hit smashes off more challenging lobs (a bit deeper)

THE LMC LEARNING PROCESS
THE JUNIOR STUDENT'S PLAYING LEVEL

	SHOTS AFTER BOUNCE	SERVE	AT THE NET
1	This player is starting to play tennis.		

MICRO-COURT

	SHOTS AFTER BOUNCE	SERVE	AT THE NET
2	Is able to stop a ball sent by the teacher, do 2 juggles and return the ball to the other side of the net with a forehand and backhand	Executes 4/10 on arced balls with 1/8 of the movement.	Is able to execute volleys (4/10) of a ball sent by the teacher to the forehand and backhand (alternating) of the player
3	Is able to rally, off the forehand or the backhand, 6 consecutive shots or more (arced balls) with the teacher shots (including the teacher's shot) with juggling.	Executes 6/10 on arced balls with 1/8 of the movement.	Is able to execute 6/10 balls at the net for balls sent by the teacher to the forehand or the backhand of the player.
4	Is able to rally with the forehand or the backhand, 6 consecutive shots or more (arced balls) with the teacher shots (including the teacher's shot) without juggling	Executes 8/10 on arced balls with 1/8 of the movement.	Is able to execute volleys (8/10) of a ball sent by the teacher to the forehand or backhand of the player

½ COURT

	SHOTS AFTER BOUNCE	SERVE	AT THE NET
1	Is able to rally but whose consistency is limited by a lack of control: fewer than 6 consecutive shots in the rallies.	Executes 6/10 on arced balls with 1/8 of the movement.	Is able to execute volleys (6/10) on receiving an arched ball from the teacher
2	Is able to rally between 6 and 8 consecutive shots (arced shots) when receiving easy balls.	Executes 8/10 arced balls with the complete motion.	Is able to execute volleys (7/10) on the reception of a distant ball (ball far right, far left) coming from the teacher
3	Is able to rally between 8 and 10 consecutive shots. Is able to handle more difficult balls (deep, short, wide right, wide left, etc.).	Executes 8/10 arced balls with the complete motion. Is able to vary the direction.	Is able to execute volleys (7/10) on the reception of a faster ball (more direct trajectory) coming from the teacher
4	Is able to rally between 8 and 10 consecutive shots even on more difficult balls. Is able to move opponent around the court. Makes the right tactical choices based on the situation.	Executes 8/10 with a more a direct trajectory	Is able to vary the direction of the ball at the volley. Has been introduced to receiving easy lobs sent by the teacher from 1/2 of the court.

¾ COURT

	SHOTS AFTER BOUNCE	SERVE	AT THE NET
1	Is able to rally, but consistency is limited due to a lack of control: less than 6 consecutive shots in rallies.	Executes 6/10 arced balls.	Is able to execute 2-3 consecutive volleys of a ball from ¾ of the court in a pre-match warm-up
2	Is able to rally between 6 and 8 consecutive shots (arced balls) when receiving easy balls.	Executes 8/10 arced balls.	Is able to execute 3-4 consecutive volleys of a ball from ¾ of the court in a pre-match warm-up
3	Is able to rally between 8 and 10 consecutive shots. Is able to handle more difficult balls (deep, short, wide right, wide left, etc.).	Executes 8/10 with balls with a more direct trajectory, is able to vary the direction	Is able to execute 4-5 consecutive volleys of a ball from ¾ of the court in a pre-match warm-up
4	Is able to rally between 8 and 10 consecutive shots even on more difficult balls. Is able to move opponent around the court. Makes the right tactical choices based on the situation.	1st ball is more powerful than the 2nd. Average of 6/10 on the 1st and 8/10 on the 2nd	Is able to execute 5-6 consecutive volleys of a ball from ¾ of the court in a pre-match warm-up. Has been introduced to receiving easy lobs sent by the teacher from the ¾ of the court.

FROM THE BACKCOURT

	SHOTS AFTER BOUNCE	SERVE	AT THE NET
1	Is able to rally but whose consistency is limited by a lack of control: fewer than 6 consecutive shots in the rallies.	Executes 6/10 on arced balls.	Is able to execute 2-3 consecutive volleys from balls coming from the backcourt in a pre-match warm-up.
2	Is able to rally between 6 and 8 consecutive shots (arced shots) when receiving easy balls.	Executes 8/10 on arced balls.	Is able to execute 3-4 consecutive volleys from balls coming from the backcourt in a pre-match warm-up. Is able to hit smashes when receiving easy lobs.
3	Is able to rally between 8 and 10 consecutive shots. Is able to handle more difficult balls (deep, short, wide right, wide left, etc.).	Executes 8/10 with balls with a more direct trajectory, is able to vary the direction	Is able to execute 4-5 consecutive volleys in a pre-match warm-up. Is able to hit smashes off challenging lobs (a bit deeper)
4	Is able to rally between 8 and 10 consecutive shots even on more difficult balls. Is able to move opponent around the court. Makes the right tactical choices based on the situation.	1st serve is more powerful than the 2nd serve. Average of 6/10 on the first serve and 8/10 on the second serve.	Is able to execute 5-6 consecutive volleys in a pre-match warm-up. Is able to execute smaches of more challenging lobs (deeper lobs)